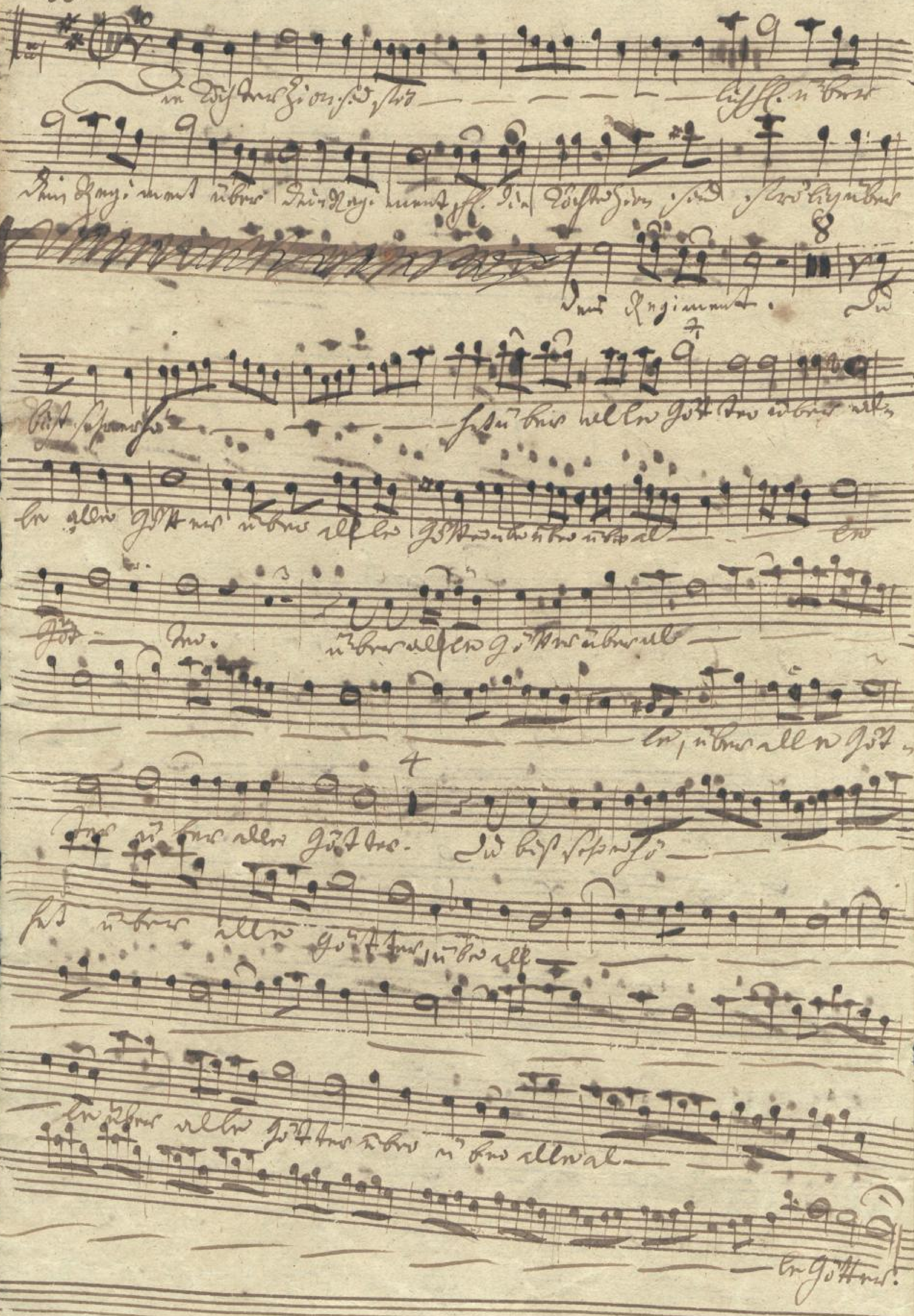Allabreve