

of their duties with greater satisfaction to their employers.

And with a view to the comforts of Invalids and Children, herein will be found ample instructions for the judicious preparation of light, wholesome, and nutritious food; also a variety of Medicinal Drinks, the composition of which has been approved of by a celebrated chemist, Mr. Savory, of New Bond Street.

To render the Work as complete as possible, I have added a series of Bills of Fare for every Month of the Year, in English and French—and a most copious Index.

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